

Curriculum Vitae, Anne Margriet Pot



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Profile

Professor Anne Margriet Pot, is strategic advisor Long-Term Care (LTC) at the Health and Youth Care Inspectorate, Ministry of Health, the Netherlands. She is endowed professor Regulation of person-centred LTC at the Erasmus University Rotterdam, extraordinary professor at North West University, Vanderbijlpark, South Africa, and in the past also honorary professor at the University of Queensland, Australia. She is co-chair of the Lancet commission LTC for Older Persons, President-elect of the International Psychogeriatric Association, and advisor to establish long-term care systems and improve dementia care and support worldwide, including for the World Health Organization. For over the past 35 years, she has dedicated her work on improving the mental health of, and care for mostly older people through research, education, clinical practice, policy and regulation.

From 2014 till 2018, Anne Margriet Pot was posted in Geneva at the World Health Organisation (WHO), where she oversaw the WHO's work on the establishment of sustainable and equitable Long-Term-Care systems worldwide. She has made a significant contribution to the World Report and Global Strategy on Aging and Health, the related Global Strategy and Action Plan, and its implementation. She was also responsible for the development of iSupport: WHO's extensive online training and support program for caregivers of people with dementia, convinced that family members and friends caring for older people are in need of easily accessible support to reinforce self-help, provide knowledge and build skills. Currently, iSupport is being implemented in over 30 countries worldwide, including for example India, China, Japan, Australia, Brazil and The Netherlands.

Previously, as Head of Programme on Aging at Trimbos, Netherlands Institute of Mental Health and Addiction, her attention was strongly directed towards monitoring quality of care and the development of innovative evidence based interventions. Unwavering commitment to improving the health, well-being and quality of life of older people, and her heartfelt support for family caregivers was duly acknowledged in 2010 with an International Psychosocial Research Award from ADI and Fondation M d ric Alzheimer for 'Mastery over Dementia' – a self-guided internet intervention for caregivers of people with dementia. It was regarded as the most promising psychosocial intervention.

A prolific writer with more than 230 publications in scientific, academic, professional and peer-reviewed journals, editor of the Dutch Manual on Geropsychology, and in excess of 175 presentations and workshops at scientific and high level policy meetings, Anne Margriet Pot is highly regarded for her devotion to the improvement of research, education, care, policy and regulation in the field of health and well-being of older people, and her determination in engendering fundamental changes in how society views aging and care. She was the founder and principal investigator of two national studies: a trend study on Living Arrangements for people with Dementia (LAD-study), and one on outpatient psychiatric care for older adults (MEMO). She has also worked as a registered healthcare and clinical psychologist.
